

Contact

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www.linkedin.com/in/

nathaliealsteen (LinkedIn)

emotifs-talentueux.com (Company)

congres-douance.com (Company)

Top Skills

Coaching

Executive Coaching

Personal Development

Languages

Français (Native or Bilingual)

Anglais (Professional Working)

Certifications

First certified animator from the "académie du Self leadership de la réussite"

PCC Coach (ICF)

EQ I 2.0 - Intelligence Emotionnelle

Publications

Emotifs Talentueux : Etre soi Autrement - 6 étapes pour vivre pleinement son haut potentiel

Nathalie Alsteen

Senior Coach ICF (PCC) | Counselor | Author | Speaker for gifted and sensitive adults

Brussels Area, Belgium

Summary

Coach ICF (PCC) | Therapist | Author | Speaker

- ★ How to develop your social and emotional intelligence ?
- ★ how to overcome stress, burn-out and toxic relationships ?
- ★ How to live your purpose and unleash your talents as an atypical profile, high potential and gifted adult ?

Experience

Nathalie Alsteen • Emotifs Talentueux

Coach ICF (PCC) | Therapist | Speaker for Highly gifted and sensitive
November 2005 - Present

Emotional Intelligence | Highly Gifted and Highly Sensitive adults

- ★ Therapy and coaching for highly gifted and sensitive adults looking to develop their emotional intelligence, find their purpose and unleash their talents.
- ★ Coaching and consulting for highly gifted and sensitive entrepreneurs who want to share their message to the world.

★ Conferences, workshops and trainings about :

- Highly gifted and sensitive adults
- Emotional intelligence.
- Finding your purpose.
- Sharing your message for a better world.
- Emotional intelligence and highly gifted and sensitive adults

Congrès Douance Virtuel : regards pluriels sur le haut potentiel

Founder

June 2016 - Present

Online

{French} La mission de ce congrès virtuel est d'offrir des moyens aux adultes à Haut potentiel pour évoluer en conscience et par là même impacter leur entourage de manière positive. Cela commence par une information pertinente autour d'un thème qui fait écho auprès de notre public cible : - Des adultes surdoués en recherche de repères et de possibilités d'avancer dans différents domaines de leur vie. - Des personnes qui veulent comprendre le mode de fonctionnement de ces adultes (proches, professionnels, ...)

EMCC Belgium - European Mentoring & Coaching Council
Honorary President
June 2014 - June 2015 (1 year 1 month)

EMCC Belgium - European Mentoring and Coaching Council
(previously ECA Belgium)
President
June 2007 - June 2014 (7 years 1 month)
Brussels

President and founder of The "European Coaching Association Belgium" in 2007

Association of professional coaches: launching of the professional association, coordination of the team, follow up of the activities, member accreditation.

Regards Croisés HP

Co-organization of conferences related to "High Potential" profiles •
Regards Croisés HP
November 2013 - November 2013 (1 month)

Organization of conferences with Jeanne Siaud-Facchin, Monique de Kermadec, Béatrice Millêtre, Ilios Kotsou and Egide Altenloh.

Self-Ledership (Brigitte André)

Partnership – Facilicator • Self-Leadership (Brigitte André)
January 2010 - September 2013 (3 years 9 months)
Bruxelles

First certified facilitator by the "Académie du Self Leadership du success"
Help design the label and supervised the team.

Coaching Ways

Member of the Educational Committee – Coaching School •
CoachingWays
January 2006 - April 2013 (7 years 4 months)
Bruxelles, Paris, Lille, Luxembourg

Member of the educational committee – animator in the PAI program (Full support processes) and assessor (certification ACTP-ICF) in the various countries in which CoachingWays occurs.

Nu Skin Enterprises

Independent Distributor

June 2002 - January 2005 (2 years 8 months)

Distribution of cosmetic products and food supplements : in charge of recruiting distributors internationally (Europe and United States), prospecting, sales, team leadership, training of distributors and sales force.

Les Jardins du Tilleul

Partner and B to B Manager (Restaurant and Event Venue)

October 1997 - September 2003 (6 years)

Montigny Le Tilleul

Follow up of key client business events, coordination and marketing

Couleur Saison SA

Managing Director of an interior design shop

November 1997 - March 2002 (4 years 5 months)

Decoration and launching of a new concept, stock management, sales force management, marketing and sales.

Christofle

Marketing Manager Benelux

May 1990 - November 1997 (7 years 7 months)

Marketing responsibilities : press relations, write-up and editing of promotional documents, direct marketing, creation and follow-up of display campaigns, advertising campaigns, retail promotions, product launching and trade marketing.

Team manager : sales representatives of the Pavillon Christofle (the main licence shop) and the “Inno” in Belgium, interior designers and commercial delegates.

Prestige & Collections

stagiaire

1988 - 1989 (2 years)

Education

Ecole de la Présence Thérapeutique
Certification · (2017 - 2020)

Selfleadership Institute
Praticien - Niveau 1, IFS (Internal Family System) · (2016 - 2017)

Jet d'Ancre - Quebec
Animatrice certifiée - Journal Créatif · (2016 - 2017)

Marion Blique, Matrix Reinprinting Ltd Trainer
Matrix Reimprinting Practionner · (2015 - 2015)

Life Purpose Academy
IIHA LifePrints Certified Hand Analyst · (2014 - 2015)