

# Anoushka Dufeil

## Consultant, trainer & facilitator

Diversity and inclusion, gender equality, sexual harassment, yoga and inclusivity

[anoushka.dufeil@gmail.com](mailto:anoushka.dufeil@gmail.com)

(+32) 0488.233.855

### PROFESSIONAL EXPERIENCE

- Sept 2015 - now**     **Independent consultant, trainer and facilitator**
- **training and consultancy:** gender equality and stereotypes, inclusive writing and communication, sexual violence prevention, diversity and inclusion, interculturality for a.o. Red Cross Belgium, Commune d'Evere, Brussels Museums, Article 27, Mpact, KU Leuven, AJPro, ULiège, Mathematics Münster, University of Hasselt
  - **coaching:** developing an inclusive communication, implementing guidelines for inclusive writing (fr), Gendercoaching for the Belgian Red Cross educational team
  - **facilitation** of debates, meetings and workshops using NVC and collective intelligence tools
  - train the trainers : habilitated trainer for the ECLER methodology in Belgium since 2023
- Sept 2016 - March 2021**     **FLE (French as Foreign Language) trainer and project manager** at Le Maitre Mot nonprofit  
Le Maitre Mot (Brussels)     Design of training programs and pedagogical tools  
Teaching of A1-B1 level classes  
Follow-up of relations with the Welcome Offices for Migrants, participation in inter-Language Operator working groups;  
Project pedagogy around cultural activities
- Sept 2020 - now**     **Guide** for the feminist non-profit Noms Peut-être  
Noms Peut-être (Brussels)     Design and animation of feminist historical walks in the city of Brussels  
Drafting and follow-up of tenders and activity reports  
Research and writing on new projects related to the place and visibility of women in public space
- Oct. 2015 - July 2018**     **Consultant - trainer** for the non-profit organization Le Monde selon les Femmes  
Le Monde selon les Femmes (Brussels)     Co-creation and facilitation of gender training courses and workshops for NGOs, training centers and institutional players.  
Topics covered: Gender and stereotypes, Gender-sensitive communication, Gender-sensitive budgeting, Empowerment, Gender and Migration  
Report writing (Éducation Permanente), proofreading and editing of various publications
- August 2011- February 2014**     **Trainer in FLE and Alpha** at CGAM non profit  
CGAM (Brussels)     Trainer in Alphabétisation (*Literacy*) for advanced levels and FLE.  
Conceiving and planning of cultural visits, conversation tables, intercultural encounters;  
Training and coaching of volunteers and team members in project-based pedagogy and popular education.

**August 2010 -  
June 2011**  
Hendrix College  
(Arkansas)

**Assistant Professor and Director of the Maison Française** at Hendrix  
College, Conway, Arkansas

## OTHER PROJECTS

### Yoga

- **classes in *maisons médicales*** in collaboration with Yoga in Healthcare Belgium
- Yoga as a tool for collective healing and care in social justice spaces

### Grass-root organisations and community organizing

2017-2018 Young Feminist Europe

2015-2018 World March of Women, head of the Belgian coordination at the International summit in Maputo (Mozambique) Regional summit in Vigo (Spain) and

2019 Founding member of Déchainé-es, a cycle-feminist group

## EDUCATION

**2009 – 2011**  
Université de  
Grenoble (France)

**Master degree in Language Sciences**, specialization in French as a Foreign Language.

**2006 – 2007**  
EHESS (France)

**Research Master** Gender and Sexualities, Ecole des Hautes Etudes en Sciences Sociales  
Research on Migrant women and communities of support

**2002-2006**  
Institut d'Etude  
Politiques, Lille  
(France) / 1 year in  
Bologna (Italy)

**Master degree in Political Science  
minor in Gender studies**

## ADDITIONAL TRAINING

**2023 - 2024** - Training of Yoga in Health, online, The Mindful Institute

**January 24** - NVC, Power and privileges, Mycelium, Brussels

**January 2021**- Training in **NVC with Martine Marenne**, habilitated NVC trainer

**2019-2020 - Ashtanga** Yoga teacher training 200H + additional trainings on trauma informed Yoga and Yoga for all bodies

**2015** - Training of trainers on Gender equality, *Le monde selon les Femmes, Belgium*

## LANGUAGES

**French:** mother tongue (C2)  
**English:** fluent (C2)  
**Italian :** fluent (C2)  
**Spanish:** intermediate (B1)  
**Persian & Dutch:** beginner (A2)

## IT SKILLS

Pack Office, Canva,  
Wordpress, online engagement  
tools: Zoom, Teams, Jitsi,  
Kahoot, Mentimeter...

## TRUST POSITIONS

**Board Member (Gender  
equality referent)**  
*GRACQ* (2016-present)

**Member**  
*Sexe et consentement* (2021-  
present)  
*Le Monde selon les femmes*  
(2015-2020)